## **Mentoring Contract**

Mentoring is about helping others to develop more effectively. It is a relationship designed to build confidence and support the mentee, so they can take control of their own development and work. It is trust-based, confidential and supportive. A Mentoring Contract helps to create a shared understanding of the process, including:

- the purpose and objectives of the relationship
- topics of conversation
- practical arrangements

| This Contract supports the mentoring relationship between: |                          |  |  |  |
|--|--------------------------|--|--|--|
| [Insert Mentor Name]                                       | and [Insert Mentee Name] |  |  |  |

| 1. | Mentors and mentees agree to allocate regular and reasonable times in their schedule to meet and will not make excessive demands on the other's time | Agreed to meet (weekly/monthly/quarterly) for X hours at a pre-agreed time face to face/online via X               |
|----|--|--|
| 2. | Mentees will set a meeting Agenda before each meeting detailing the subject matter for that meeting  | The Agenda will be shared in a timely manner with the mentor   |
| 3. | The first meeting will set out the objective(s) of the Mentoring Relationship, to be measured against at each subsequent meeting                     |  |
| 4. | Mentors and mentees will agree an action plan at the end of each meeting and progress will be monitored at the next meeting                          | The final meeting will include feedback from each party which will be added to then mentoring record by the mentee |
| 5. | Mentees will always keep the mentoring relationship record on the Mentors for Women system up to date  | Mentor will be able to view, but not edit  |
| 6. | Mentors will abide by the mentoring scheme Code of Ethics and be aware of the Mentor Guidelines  | The Code of ethics is stored on the Documents Store, under How Can I help you?                                     |
| 7. | Mentors and mentees will respect each other's boundaries, cultural customs, and religious beliefs  |  |

| 8.  | Both parties will accept that the mentoring partnership is ultimately a professional relationship and so must be treated as such             | A mentor is bound by confidentiality only up until a point as contained within the Code of Ethics                             |
|-----|--|---|
| 9.  | Either party can end the relationship at any time with no blame being attached to either party   | Due notice will be given to end a relationship and details passed to Mentors for Women  |
| 10. | Consideration needs to be given to the Data<br>Protection Act if records or notes of<br>meetings are kept                                    | Specific provision is made under the Act for processing sensitive personal information, including areas such as mental health |
| 11. | If there are serious concerns about a mentee's wellbeing and/or behaviour, the mentor will inform Mentors for Women at the first opportunity |   |
| 12. | If there are concerns about the mentor/mentee relationship from either party, they will inform Mentors for Women at the first opportunity    |   |

| Signed: | (Mentor)    |  |
|---------|-------------|--|
| Date:   |             |  |
|         |             |  |
| Signed: | (Mentee)    |  |
| Date:   | <del></del> |  |